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## REQUIREMENTS FOR SUBMISSIONS

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As SAY Magazine receives a tremendous number of submissions, SAY requires that the following information be sent in a Word document, (no fancy fonts or colours or background please) in the order set out:

**Name**  
**Age**  
**Tribal Affiliation**  
**Home address**  
**Current mailing address**  
**Email address**  
**Telephone number**

- 1. A biography focusing on why you or the individual or the group should be considered for the magazine - special skills, talents, overcoming obstacles, etc. (Please keep material to a maximum of 200 - 300 words)**

If you or the individual is under the age of eighteen, parental consent must be provided.

- 2. Three photos: head shot, action shot and one other**

Electronic photos/images must be Jpg High Resolution or scanned at 300 DPI. Please provide name of photographer for credits. The attached *Image Release Waiver* must be signed and returned.

All submissions to the magazine are considered seriously and reviewed by a board for appropriateness and suitability. Please re-submit your information under the heading of:

*Music*  
*Fashion*  
*Lifestyles*  
*Economic Development*  
*Health*